

Strategies for Effective Teaching and Learning

Steps for Teachers to Take When a Tonic-Clonic Seizure Occurs

What to Do

- Stay calm; note time of onset.
- Move furniture out of the way to prevent injury.
- Loosen shirt collar and put something soft under head.
- Turn student on his or her side to allow saliva to drain out of mouth.
- If seizure continues more than five minutes, or if multiple seizures occur one right after another, or if this is the first seizure, call for an ambulance.

- If seizure stops but the student is not breathing, give mouth-to-mouth resuscitation (this rarely occurs).
- After the seizure is over, reassure student.
- Allow student to rest.

What Not to Do

- Do not put anything in the mouth.
- Do not restrain movements.
- Do not give liquids immediately after seizure.